



SPA & BEAUTY
@ THE BRIDGE HOUSE HOTEL

BRIDGE HOUSE HOTEL | TULLAMORE



SPA & BEAUTY @ THE BRIDGE HOUSE HOTEL

Welcome to our very own tranquil haven, Spa & Beauty located in the 4 Star Bridge House Hotel, Tullamore, Co Offaly less than 90 minutes from Dublin, Limerick & Galway.

For ultimate relaxation, body and soul rejuvenation let your senses guide you to Spa & Beauty at the Bridge House Hotel where our qualified therapists will indulge you in a wide range of spa and beauty treatments.

Experience our calming aromatic candles, soothing music & allow life's stresses and strains melt away...

The Bridge House Spa & Beauty prides itself on quality in luxurious surroundings with exceptional attention to detail. Using only the finest products including Académie Scientifique de Beauté, Image Skincare, Glo mineral make-up, Caron Wax and much more.

ACADÉMIE SCIENTIFIC DE BEAUTÉ

Académie Scientifique de Beauté was founded in 1926 by the French pharmacist Georges Gay. The dynamic company is currently run by the founder's granddaughter.

The Académie Scientifique de Beauté's research laboratories have continuously shown their scientific determination to develop innovative products. Académie Scientifique de Beauté offers a very complete range of skincare products and expert treatments using specific protocols to treat all skin types and conditions.

ACADÉMIE FACIALS

ACADÉMIE FACIALS

Mini Facial 25 MINS €40

Men's Facial 25 MINS €40

Teen Facial 25 MINS €25

Optimum Hydration Facial 45 MINS €45

This Optimum Hydration facial contains 100% pure original apple water which floods the skin with freshness and hydration.

Collagen Treatment 60 MINS €70

This treatment moisturises and softens the epidermis. Reduction in the depth of wrinkles after one treatment. 100% marine collagen.

Lifting & Firming Treatment with Vitamin C 60 MINS €70

Recommended for mature clients to improve the shape and texture of the skin.

AROMATHERAPY FACIALS

Choose from either the Essential or Absolute Treatments

The Essential Treatment

The Essential facial treatment with the benefits of 100% essential oils. 60 MINS €80

The Absolute Treatment

The Absolute Well-Being Treatment. Enjoy a relaxing essential oil facial followed by a hot oil back massage.

1 HOUR 20 MINS €90

DERM ACTE-ACADÉMIE SCIENTIFIQUE DE BEAUTÉ EXPERT TREATMENTS

Sebacyl

Specialists of adult acne, reduces pigmentary spots & rebalances the skins pH. The complexion is left radiant

45 MINS €50

Moisturizing & Antioxidant

The ultimate intense moisture and antioxidant treatment with hyaluronic acid, vitamins C & E.

60 MINS €60

Brightening & Complexion Corrector

3 in 1 cabin treatment: brightening, moisturizing & anti-ageing.

60 MINS €60

Microdermabrasion

An exfoliating facial which removes dead lifeless skin leaving the skin radiant and smooth.

30 MINS €60

Intense Age Recovery & Radiance Facial

This expert treatment targets intense age recovery. It helps protect stem cell habitat and it regenerates and stimulates the epidermis and smoothes deep and fine lines.

60 MINS €70

ACADÉMIE EYE CONTOUR TREATMENTS

Anti-Wrinkle & Moisturizing

30 MINS €25

€15 with any Full Académie Facial

Anti-Puffiness & Decongesting

30 MINS €25

€15 with any Full Académie Facial



IMAGE SKIN CARE

IMAGE SKINCARE FACIALS

Signature Facial

A cleansing & invigorating vitamin infused facial treatment that will deliver tightening, lightening, brightening & nourishing hydration.

45 MINS €70

Oxygen Facial O2 Lift

A facial treatment designed to exfoliate, illuminate and oxygenate all skin types

45 MINS €75

Ormedic Facial

Restore the natural balance of your skin with this innovative facial combining the perfect marriage of organic ingredients with medical effectiveness.

45 MINS €70

Teen Acne Facial

This active clinical facial is designed to immediately treat all forms of acne.

45 MINS €55

Image Illuminating Facial

This facial combines the latest innovations in skin lightening technology to correct all forms of hyperpigmentation without skin irritation. Skin feels illuminated and bright.

45 MINS €75

Image Max Facial

Our correction, prevention and nutrition system targets fine lines, wrinkles, loss of elasticity and dull skin. The perfect anti age facial.

45 MINS €90

Dermica Skin Needling

Suitable for the treatment of lines | wrinkles | uneven skin tone | acne scarring | stretch marks | skin rejuvenation

SMALL AREA €100 PER TREATMENT

COURSE OF 3 TREATMENTS €499

BODY PRICE ON CONSULTATION

COURSE OF 6 TREATMENTS €998

FACE & NECK €200 PER TREATMENT

IMAGE SKINCARE PEELS

Ormedic Lift 15%

Suitable for unbalanced, pregnant & teen skin types

€80

Acne Lift 20%

Suitable for oily, congested, acne skin types.

€80

Signature Lift 30%

Suitable for dry, dehydrated, dull, pregnant skin types.

€80

Wrinkle Lift 40%

Suitable for rejuvenating, ageing, fine lines & wrinkles, rough textured skin types.

€80

Lightening Lift 50%

Suitable for sun damaged skin, pigmentation & rosacea skin.

€80





MASSAGES

IDEAL FOR BOTH MEN & WOMEN

Massages are a perfect way to soothe the mind and body, relieve muscular tension & stress. Choose from our extensive range of massages to suit your individual needs...

Relaxing Massage

BACK NECK & SHOULDERS 25 MINS €45

FULL BODY 55 MINS €70

Deep Tissue Massage

BACK NECK & SHOULDERS 25 MINS €50

FULL BODY 55 MINS €80

Hot Stone Massage

BACK NECK & SHOULDERS 25 MINS €65

FULL BODY 55 MINS €85

Maternity Massage

55 MINS €80

Scalp Massage

25 MINS €30

Indian Head Massage

45 MINS €55

Foot & Leg Massage

25 MINS €30

Hopi Ear Candling Treatment

30 MINS €50



ACADÉMIE BODY TREATMENTS

Combat stress, cellulite, cutaneous, slackening, toxins and fatigue

Each treatment starts with a dry body brush to activate the blood and lymph circulation. Then, the body exfoliation is carried out, followed by the appropriate serum to local areas. The treatment is then finished with an auto-heated mousse mask. As you enjoy this body treatment our qualified therapist will indulge you with a soothing scalp massage. Included in the 85 minute treatment is a relaxing back massage.



Relaxing Body Treatment

55 MINS €65

85 MINS €85

Slimming Body Treatment

55 MINS €65

85 MINS €85

Académie Body Exfoliation

25 MINS €45

Lipofirm body wrap

Lipofirm body wrap is a highly effective fat reduction treatment. It works by breaking down fat cells and aiding the body in transporting released triglycerides through the body's natural selective waste processes allowing the contents of the fat cells to be naturally eliminated from the body.

50 MINS €60

Firming Treatment

55 MINS €65

85 MINS €85

Detoxifying Body Treatment

55 MINS €65

85 MINS €85

REFLEXOLOGY CLINIC

WHAT IS REFLEXOLOGY?

Reflexology is a holistic therapy treating the body as one by using points and areas in the feet that relate to corresponding parts of the body. The treatment is based on using hand and finger techniques and pressure points. Reflexology is both cleansing & detoxifying.

Available by appointment only

60 MINS €60



BEAUTY OPTIONS

Glo Mineral Make up
€30

**Glo Mineral Make up &
Strip Lashes Application**
€35

Bridal Make-up
€50

Spray Tan
FULL BODY €25 HALF BODY €20

False Lashes
STRIP LASH €10

Individual False Lashes
FULL SET €20 HALF SET €15

Lash Perfect
FULL SET €65 HALF SET €50
TOP UP 3 WEEKS €40

Gel nails
€40 REFILL €30

French Gel Nails
€45 REFILL €35



HAND

File & Polish
€15

Mini Manicure
Hand soak, scrub, cuticle work, file & polish.
25 MINS €35

French File & Polish
€18

Deluxe Manicure
Hand soak, exfoliation, cuticles, nourishing hand
mask, heated mittens, file & polish.
60 MINS €50

Male Manicure
Nail care, cuticle work and massage.
25 MINS €20



FEET

File & Polish
€15

Mini Pedicure
Foot soak, scrub, cuticle work, file & polish.
25 MINS €35

French File & Polish
€18

Deluxe Pedicure
Foot Soak, cuticle work, leg and foot scrub,
nourishing mask, heated booties, file & polish.
60 MINS €60

Shellac Colour
HANDS OR TOES €30

Shellac French Polish
HANDS OR TOES €35

Removal is free of charge if you get them
redone or €10 otherwise.

WAXING & THREADING

One patch test per year is essential for all waxing, tanning and tinting. Patch test must be done 48 hours prior to treatment.

Book your waxing every 5 weeks and receive 20% off

Full Leg Wax	€35	Underarm Wax	€12	Abdomen Wax	€8
Full Leg Wax & Bikini Line	€40	Arm Wax	€20	Eyelash Tint	€12
Half Leg & Bikini Line Wax	€30	Eyebrow Wax	€10	Eyebrow Tint	€8
Half Leg	€20	Eyebrow Tweeze	€10	Eye Combo	€25
Upper leg wax	€25	Lip Wax	€8	MEN'S WAXING 	
Bikini Wax	€15	Chin Wax	€8	Full back Wax	€35
Specialised Californian (EXTENDED BIKINI)	€25	Lip & Chin Wax	€15	Full Front (CHEST & STOMACH)	€35
Specialised Brazilian (LANDING STRIP)	€35	Lip, Chin & Sides of the Face	€20	Chest	€20
Specialised Hollywood (ALL GONE)	€45				



WHAT IS THREADING?

Threading is an ancient Indian way of removing hair with thread. Threading allows for more painless, precise, less irritating, chemical free and a lasting hair removal experience.

Eyebrows	€12	Face Sides	€16
Upper Lips	€10	Forehead Line	€10
Chin	€10	Neck	€10
Lip & Chin	€10		

SPA & BEAUTY PACKAGES

@ THE BRIDGE HOUSE HOTEL



FULL DAY SPA & BEAUTY PACKAGE

Académie Relaxing Facial 55 MINS

Full Body Massage 55 MINS

Lunch served in Library Bar value €10

Deluxe Manicure 55 MINS

Deluxe Pedicure 60 MINS

€210

HALF DAY SPA PACKAGE FOR HER

Back, Neck & Shoulder Massage

Académie Optimum Hydration Facial

Mini Manicure

Mini Pedicure

Use of Leisure Club Facilities

2HR 15MINS €145

HALF DAY SPA PACKAGE FOR HIM

Full Body Massage

Skin Specific Man Facial

Male Manicure

Use of Leisure Club Facilities

2HR 15MINS €125



SPA & BEAUTY PACKAGES @ THE BRIDGE HOUSE HOTEL

Indulgence Package

Image signature facial and scalp massage.

70 MINS €89

.....

Time Escape for Men

Académie men's facial & deep tissue full body massage.

80 MINS €99

.....

Balancing Relaxation Package

Image ormedic facial and full body massage.

100 MINS €125

.....

Pamper Me Package

Full body massage & Académie optimum hydration facial.

100 MINS €99

.....

Mum & Me Escape

Académie taster facial, back neck shoulder massage.
& scalp massage

75 MINS €99

.....

Mum to be Package

Indian head massage & Académie optimum hydration facial.

90 MINS €89

.....

The Hen Party Package

Glass of bubbly, relaxing back, neck & shoulder massage,
one hour use of the sauna, steam room, jacuzzi, outdoor
hydro pool and goodie bag for the bride-to-be.

Afternoon tea served in the Library bar.

€70pp

.....

Sunday Treat Package

Relaxing back, neck & shoulder massage or Académie
mini facial. Alpha lounge session, one hour use of the
sauna, steam room, Jacuzzi, outdoor hydro pool.

Afternoon tea served in the Library bar.

€70pp

.....

Romantic Day Break for Two

Enjoy a one hour relaxing full body massage for two
guests and use of our relaxation chambers. Couples
room can be booked subject to availability.

€125

.....

CUSTOMISE

Spa & Beauty at The Bridge House Hotel can tailor packages to suit your requirements. We take group bookings for hen parties, bridal parties, deb's and Christmas parties.

Loyalty Cards

At Spa & Beauty we like to reward our regular clients with a loyalty system. Collect a stamp each visit when you spend €10+. When you collect 10 stamps you will receive €15 spa credit which can be redeemed against treatments or products.

Spa & Beauty @ The Bridge House Hotel Information

Check in: Please arrive at reception 15 min. prior to your appointment, to allow for consultation forms to be completed. Late arrival will result in a shortened treatment time in order to accommodate other clients.

Reservation: All bookings will require a credit card or voucher number upon appointment or package reservation or alternatively a 50% deposit. We also recommend that you book in advance of your arrival to the Spa & Beauty @ The Bridge House Hotel in order to secure your preferred choice of time. If you stay in The Bridge House Hotel with any spa package please let us know when you are making your reservation.

Group Reservation: Groups should contact the spa manager to co ordinate the optimum schedule of treatments.

Cancellation Policy: 24 hours notice is required; otherwise a 50% cancellation fee will be incurred on the given credit card, voucher or the deposit forfeited.

Etiquette: Please respect other guests attending the spa by speaking softly at all times. Mobile phones and electronic devices must be turned off. We recommend that no jewellery be worn in the spa. The management and spa staff accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises. Spa treatments are only available to person's aged 16 years and upwards.

Medical Considerations: Clients with any of the following must present written medical permission before treatments can be performed. These include cancer, cardio vascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions), osteoporosis, nervous / psychotic conditions, epilepsy, any dysfunction of the nervous system (e.g. muscular sclerosis, Parkinson's disease, motor neuron disease) bell's palsy, inflamed nerve and slipped disc.

Pregnant: In the interest of safety, it is advised that pregnant women do not avail of any of the water based treatments. However, facial, Indian head massage, manicures, pedicures can be availed of with no risk. We also have a range of maternity treatments both during and after your pregnancy for you to avail of.

Pool Facilities: As with full day or half day packages at Spa & Beauty @ The Bridge House Hotel, the use of pool, sauna, steam room, Jacuzzi and hydra pool is included on presentation of a valid receipt.

Gift Vouchers: We have an extensive range of gift vouchers available & can include half or full day packages. Vouchers are valid for 6 months from the date of issue. Lost vouchers cannot be reissued.

Payment: We accept cash, all major credit cards, vouchers and room charge. All prices quoted in Euro and are subject to change without prior notice.

Discounts: There is a 20% discount to all gym members on spa treatments on presentation of a valid membership card. Discounts cannot be used in conjunction with special offers. Available Tuesday to Friday.



OPENING HOURS

Mondays Closed: Except bank holidays
Tuesday 9.30am to 6pm
Wednesday 9.30am to 6pm
Thursday 9.30am to 6pm *
Friday 9.30am to 6pm *
Saturday 10am to 6pm
Sunday 10am to 4.30pm

* Late opening until 9pm by appointment only

CONTACT

Spa & Beauty @ The Bridge House Hotel
Tullamore, Co. Offaly, Ireland
Low Call 1850 312 312 Phone 057 932 5601
Email spa@bridgehouse.com
For Special offers visit
www.bridgehousehoteltullamore.ie

