



SPA & BEAUTY  
@ THE BRIDGE HOUSE HOTEL

BRIDGE HOUSE HOTEL | TULLAMORE



Welcome to our very own tranquil haven, Spa & Beauty located in the 4 Star Bridge House Hotel, Tullamore, Co Offaly less than 90 minutes from Dublin, Limerick & Galway.

For ultimate relaxation, body and soul rejuvenation let your senses guide you to Spa & Beauty at the Bridge House Hotel where our qualified therapists will indulge you in a wide range of spa and beauty treatments.

Experience our calming aromatic candles, soothing music & allow life's stresses and strains melt away...

The Bridge House Spa & Beauty prides itself on quality in luxurious surroundings with exceptional attention to detail. Using only the finest products including Elemis Skincare, Image Skincare, Inglot make-up, Lycon Wax and much more.

## ELEMIS SKINCARE

Elemis skincare was born out of the vision to bring together the power of nature, science and aromatics. It harnesses the dynamism of the highest grade actives to create a skincare brand that would transform the frontline of the beauty industry.



# ELEMIS FACIAL JOURNEY

## Elemis Taster Facial

Designed to introduce your skin to the Elemis journey.

25 MINUTES €50

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## Pro Collagen Age Defy

Tackle fine lines and wrinkles with this clinically proven age defying facial. Indulge in its many benefits of marine charged Padina Pavonica and red coral. Encourages cellular function leaving you with younger looking skin

60 MINUTES €85

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## Pro Definition Lift and Contour

Powered by breakthrough technology this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support extra cellular matrix function. Leaving you profoundly sculpted and youthful.

60 MINUTES €85

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## Dynamic Resurfacing Precision Peel

Clinically proven to target the signs of ageing and uneven skin tone. This pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal.

60 MINUTES €70

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## Superfood Pro Radiance

A nutritional boost rich in superfoods and essential minerals designed to pack stressed dull skin with energising detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

60 MINUTES €85

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# IMAGE SKIN CARE

## IMAGE SKINCARE FACIALS

**Signature Facial** A cleansing & invigorating vitamin infused facial treatment that will deliver tightening, lightening, brightening & nourishing hydration.  
45 MINS €70

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**Oxygen Facial 02 Lift** A facial treatment designed to exfoliate, illuminate and oxygenate all skin types.  
45 MINS €75

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**Ormedic Facial** Restore the natural balance of your skin with this innovative facial combining the perfect marriage of organic ingredients with medical effectiveness.  
45 MINS €70

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**Teen Acne Facial** This active clinical facial is designed to immediately treat all forms of acne.  
45 MINS €55

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**Image Illuminating Facial** This facial combines the latest innovations in skin lightening technology to correct all forms of hyperpigmentation without skin irritation. Skin feels illuminated and bright.  
45 MINS €75

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**Image Max Facial** Our correction, prevention and nutrition system targets fine lines, wrinkles, loss of elasticity and dull skin. The perfect anti age facial.  
45 MINS €90

## IMAGE SKINCARE PEELS

**Ormedic Lift 15%**  
Suitable for unbalanced, pregnant & teen skin types.  
€80

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**Acne Lift 20%**  
Suitable for oily, congested, acne skin types.  
€80

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**Signature Lift 30%**  
Suitable for dry, dehydrate, dull, rosacea, pregnant skin types.  
€80

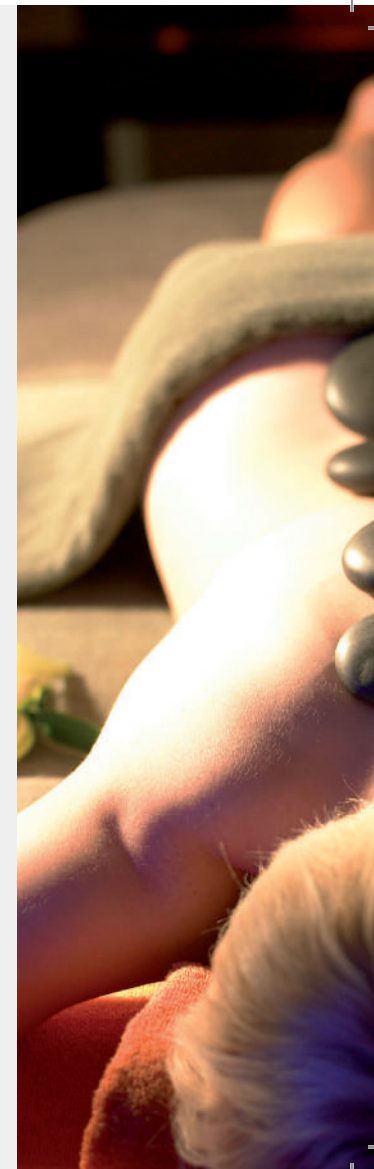
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**Wrinkle Lift 40%**  
Suitable for rejuvenating, ageing, fine lines & wrinkles, rough textured skin types.  
€80

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**Lightening Lift 50%**  
Suitable for sun damaged skin, pigmentation & rosacea skin.  
€80

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# MASSAGES

## IDEAL FOR BOTH MEN & WOMEN

Massages are a perfect way to soothe the mind and body, relieve muscular tension & stress. Choose from our extensive range of massages to suit your individual needs...

### Relaxing Massage

BACK NECK & SHOULDERS 25 MINS €45

FULL BODY 55 MINS €70

### Freestyle Deep Tissue Massage

BACK NECK & SHOULDERS 25 MINS €50

FULL BODY 55 MINS €80

### Deeper Than Deep Hot Stone Massage

BACK NECK & SHOULDERS 25 MINS €65

FULL BODY 55 MINS €85

### Peaceful Pregnancy Massage

55 MINS €80

### Scalp Massage

25 MINS €30

### Indian Head Massage

45 MINS €55

### Hopi Ear Candling Treatment

30 MINS €50

### Foot & Leg Massage

25 MINS €30



# ELEMIS BODY TREATMENTS

## Elemis Intensely Cleansing Salt Scrub

Lime and Ginger or Frangipani Fragranced salt will gently slough away dead skin cells encouraging the regeneration of new cells. It leaves a smooth and responsive canvas ready to absorb the deeply nourishing body oil

30 MINUTES €50

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## Elemis Frangipani Body Nectar Nourishing Wrap

The velvety texture of the Monoi oil offers super hydration quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work

60 MINUTES €75

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## MINIMI INCH LOSS WRAP

This highly effective fat reduction treatment will give you instant inch loss and will continue to work on targeting fat for up to 72 hours post treatment

50 MINUTES €70

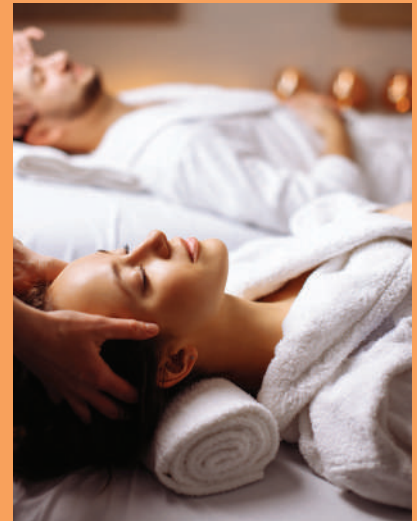
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## REFLEXOLOGY / REIKI CLINIC

Available by appointment only

60 MINS €60

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# BEAUTY OPTIONS

## Make-up

€30

## Make-up & Strip Lashes Application

€35

## Bridal Make-up

€50

## Spray Tan

FULL BODY €25 HALF BODY €20

## False Lashes

STRIP LASH €10

## Individual False Lashes

FULL SET €20 HALF SET €15



## HAND

### File & Polish

€15

### Mini Manicure

Hand soak, cuticle work, file & polish.

25 MINS €35

### French File & Polish

€18

### Deluxe Manicure

Hand soak, exfoliation, cuticles, nourishing hand mask, heated mittens, file & polish.

60 MINS €50

### Male Manicure

Nail care, cuticle work and massage.

25 MINS €20



## FEET

### File & Polish

€15

### Mini Pedicure

Foot soak, cuticle work, file & polish.

25 MINS €35

### French File & Polish

€18

### Deluxe Pedicure

Foot Soak, cuticle work, leg and foot scrub, nourishing mask, heated booties, file & polish.

60 MINS €60

### Shellac Colour

HANDS OR TOES €30

ADD GLITTER DESIGN €0.50 PER NAIL

### Shellac French Polish

HANDS OR TOES €35

Removal is free of charge if you get them redone or €10 otherwise.



# WAXING

One patch test per year is essential for all waxing, tanning and tinting.  
Patch test must be done 48 hours prior to treatment.

**Book your waxing every 5 weeks and receive 20% off**

Full Leg Wax	€35
Full Leg Wax & Bikini Line	€40
Half Leg & Bikini Line Wax	€30
Half Leg	€20
Bikini Wax	€15
Specialised Californian (EXTENDED BIKINI)	€25
Specialised Brazilian (LANDING STRIP)	€35
Specialised Hollywood (ALL GONE)	€45

Abdomen Wax	€8
Eyelash Tint	€12
Eyebrow Tint	€8
Eye Combo	€25
HD Brows	€35

Underarm Wax	€12
Arm Wax	€20
Eyebrow Wax	€10
Eyebrow Tweeze	€10
Lip Wax	€8
Chin Wax	€8
Lip & Chin Wax	€15
Lip, Chin & Sides of the Face	€20

## MEN'S WAXING



Full back Wax	€35
Full Front (CHEST & STOMACH)	€35
Chest	€20



# SPA & BEAUTY PACKAGES

@ THE BRIDGE HOUSE HOTEL



## FULL DAY SPA & BEAUTY PACKAGE

Elemis Signature Facial	55 MINS
Full Body Massage	55 MINS
Afternoon Tea	
Deluxe Manicure	55 MINS
Deluxe Pedicure	60 MINS
Use of Leisure Club Facilities	
€230	

## HALF DAY SPA PACKAGE FOR HER

Back, Neck & Shoulder Massage	
Elemis Taster Facial	
Mini Manicure	
Mini Pedicure	
Use of Leisure Club Facilities	
2HR 15MINS €145	

## HALF DAY SPA PACKAGE FOR HIM



Full Body Massage	
Elemis Taster Facial	
Male Manicure	
Use of Leisure Club Facilities	
2HR 15MINS €125	



## SPA & BEAUTY PACKAGES @ THE BRIDGE HOUSE HOTEL

### Indulgence Package

Image signature facial and scalp massage.  
70 MINS €89

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### Time Escape for Men

Men's Elemis Taster facial & deep tissue full body massage .  
80 MINS €99 🍷🍷🍷🍷

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### Balancing Relaxation Package

Image ormedic facial and full body massage.  
100 MINS €125

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### Pamper Me Package

Full body relaxing massage & Elemis Salt Scrub  
90 MINS €99

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### Total Relaxation

Elemis taster facial, back neck shoulder massage & scalp massage  
follow by afternoon tea  
55 MINS €90pp

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### Mum to be Package

Indian head massage & Foot and leg massage.  
80 MINS €89

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### The Hen Party Package

Glass of bubbly, relaxing back, neck & shoulder massage,  
one hour use of the sauna, steam room, jacuzzi, outdoor  
hydro pool and goodie bag for the bride-to-be.  
Afternoon tea served in the Library bar.  
€70pp

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### Romantic Day Break for Two

Enjoy a one hour relaxing full body massage for two  
guests and use of our relaxation chambers. Couples  
room can be booked subject to availability.  
€125

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# CUSTOMISE

Spa & Beauty at The Bridge House Hotel can tailor packages to suit your requirements. We take group bookings for hen parties, bridal parties, debbs and Christmas parties.

## Loyalty Cards

At Spa & Beauty we like to reward our regular clients with a loyalty system. Collect a stamp each visit when you spend €10+. When you collect 10 stamps you will receive €15 spa credit which can be redeemed against treatments or products.

## Spa & Beauty @ The Bridge House Hotel Information

Check in: Please arrive at reception 15 min. prior to your appointment, to allow for consultation forms to be completed. Late arrival will result in a shortened treatment time in order to accommodate other clients.

**Reservation:** All bookings will require a credit card or voucher number upon appointment or package reservation or alternatively a 50% deposit. We also recommend that you book in advance of your arrival to the Spa & Beauty @ The Bridge House Hotel in order to secure your preferred choice of time. If you stay in The Bridge House Hotel with any spa package please let us know when you are making your reservation.

**Group Reservation:** Groups should contact the spa manager to co ordinate the optimum schedule of treatments.

**Cancellation Policy:** 24 hours notice is required; otherwise a 50% cancellation fee will be incurred on the given credit card, voucher or the deposit forfeited.

**Etiquette:** Please respect other guests attending the spa by speaking softly at all times. Mobile phones and electronic devices must be turned off. We recommend that no jewellery be worn in the spa. The management and spa staff accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises. Spa treatments are only available to person's aged 16 years and upwards.

**Medical Considerations:** Clients with any of the following must present written medical permission before treatments can be performed. These include cancer, cardio vascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions), osteoporosis, nervous / psychotic conditions, epilepsy, any dysfunction of the nervous system (e.g. muscular sclerosis, Parkinson's disease, motor neuron disease) bell's palsy, inflamed nerve and slipped disc.

**Pregnant:** In the interest of safety, it is advised that pregnant women do not avail of any of the water based treatments. However, facial, Indian head massage, manicures, pedicures can be availed of with no risk. We also have a range of maternity treatments both during and after your pregnancy for you to avail of.

**Pool Facilities:** As with full day or half day packages at Spa & Beauty @ The Bridge House Hotel, the use of pool, sauna, steam room, Jacuzzi and hydra pool is included on presentation of a valid receipt.

**Gift Vouchers:** We have an extensive range of gift vouchers available & can include half or full day packages. Vouchers are valid for 6 months from the date of issue. Lost vouchers cannot be reissued.

**Payment:** We accept cash, all major credit cards, vouchers and room charge. All prices quoted in Euro and are subject to change without prior notice.

**Discounts:** There is a 20% discount to all gym members on spa treatments on presentation of a valid membership card. Discounts cannot be used in conjunction with special offers. Available Tuesday to Friday.



## OPENING HOURS

<b>Mondays</b>	Closed
<b>Tuesday</b>	9.30am to 6pm
<b>Wednesday</b>	9.30am to 6pm
<b>Thursday</b>	9.30am to 8pm
<b>Friday</b>	9.30am to 6pm
<b>Saturday</b>	9.30am to 6pm
<b>Sunday</b>	Appointments by request

Minimum amount of 6 bookings required

## CONTACT

Spa & Beauty @ The Bridge House Hotel  
Tullamore, Co. Offaly, Ireland

**Low Call** 1850 312 312 **Phone** 057 932 5601

**Email** [spa@bridgehouse.com](mailto:spa@bridgehouse.com)

**For Special offers visit**

[www.bridgehousehoteltullamore.ie](http://www.bridgehousehoteltullamore.ie)

