





Welcome to our very own tranquil haven, Spa & Beauty located in the 4 Star Bridge House Hotel, Tullamore, Co Offaly less than 90 minutes from Dublin, Limerick & Galway.

For ultimate relaxation, body and soul rejuvenation let your senses guide you to Spa & Beauty at the Bridge House Hotel where our qualified therapists will indulge you in a wide range of spa and beauty treatments.

Experience our calming aromatic candles, soothing music & allow life's stresses and strains melt away...

The Bridge House Spa & Beauty prides itself on quality in luxurious surroundings with exceptional attention to detail. Using only the finest products including Elemis Skincare, Image Skincare, Inglot make-up, Lycon Wax and much more.

ELEMIS SKINCARE

Elemis skincare was born out of the vision to bring together the power of nature, science and aromatics. It harnesses the dynamism of the highest grade actives to create a skincare brand that would transform the frontline of the beauty industry.

ELEMIS PRO GLOW FACIAL MENU

Pro-Glow Taster Facial

Instant pick-me up
25 MINUTES € 50

Pro-Glow Renewal Facial

For a healthy, gorgeous glov 50 MINUTES €90

Pro-Glow Smooth

The ultimate hit workout for your skin. 50 MINUTES $\in 90$

Pro-Glow Resurface

Reveal stunningly smooth skin 50 MINUTES €90

Pro-Glow Brilliance

Your recipe for radiance 50 MINUTES €90

Pro-Glow Genius Facial

Your line-fighting superhero facial. 75 MINUTES € 100



MAGE SKINCARE FACIALS & PEEL TREATMENTS

Image Taster Facial

Glow on the go. 25 MINS €50

Image Antioxidant Anti Aging Facial

This rejuvenating treatment lightens, brightens and tightens the skin while soothing botanicals reduce redness and add vital hydration. 50 MINS €85

Image Illuminating Facial

Ideal as a quick fix pre-event facial or as an incentive to commence the skin health journey. 50 MINS \in 85

Image The Max Stem Cell Facial

A must-have pre-event hybrid facial adored by brides worldwide. 50 MINS \in 90

Image Clarifying Facial

An ideal teen facial or mild preventative acne-formation treatment. 50 MINS $\pmb{\in} 85$

Image Ormedic Balancing Facial

Ideal for sensitive, unbalanced skin. 50 MINS €80

Image 0² Lift

Delivers an instant, visible boost to invigorate
the skin and give it a gorgeous glow.

50 MINS €80

I PEEL | ORMEDIC LIFT™

Skin type indications: Unbalanced, irritated, sensitive. 30 MINS \in 90

I PEEL | SIGNATURE FACELIFT

Skin type indications: Redness-prone, dry/dehydrated,smoker's skin, tired/ dull, post-microdermabrasion, oily/acne. 30 MINS €90

| PEEL | WRINKLE LIFT

Skin type indications: Aging, wrinkles, rough complexion, uneven skin tone, smokers' skin, tired/dull skin, oily/acne. 30 MINS \in 90

| PEEL | LIGHTENING LIFT

Skin type indications: Advanced pigmentation, aging, dry/dehydrated, uneven skin tone, age spots, redness-prone. 30 MINS €90

I PEEL | ACNE LIFT

Skin type indications: Acne, oily, acne-prone, aging.

30 MINS €90





MASSAGES

IDEAL FOR BOTH MEN & WOMEN

Massages are a perfect way to soothe the mind and body, relieve muscula tension & stress. Choose from our extensive range of massages to suit your individual needs.

Relaxing Massage

Freestyle Deep Tissue Massage

Deeper Than Deep Hot Stone Massage

BACK NECK & SHOULDERS 25 MINS €65

Peaceful Pregnancy Massage

55 MINS €80

Scalp Massage

25 MINS €40

Indian Head Massage

45 MINS €60

Foot & Leg Massage

25 MINS €.40







ELEMIS BODY TREATMENTS

Elemis Intensely Cleansing Salt Scrub

Lime and Ginger **or** Frangipani Fragranced salt will gently slough away dead skin cells encouraging the regeneration of new cells. It leaves a smooth and responsive canvas ready to absorb the deeply nourishing body oil.

30 MINITES € 55

Elemis Frangipani Body Nectar Nourishing Wrap

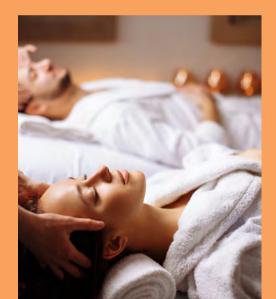
The velvety texture of the Monoi oil offers super hydration quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Elemis Thousand Flower Detox Wrap

This cleansing detox treatment helps to boost energy levels, regenerate tired skin by removing toxins, stimulate the process of toxin elimination and smooth the skin surface.

MINIMI INCH LOSS WRAP

This highly effective fat reduction treatment will give you instant inch loss and will continue to work on targeting fat for up to 72 hours post treatment. 50 MINUTES \in 75



BEAUTY OPTIONS

Make-up

Make-up & Strip Lashes Application $\in A \cap$

Bridal Make-up €.50 Spray Tan

FULL BODY €30 HALF BODY €20

False Lashes
STRIP LASH €15

Individual False Lashes
FULL SET €20 HALF SET €15



File & Polish

€20

Mini Manicure

Hand soak, cuticle work, file & polish 25 MINS € 35 French File & Polish

€22

Deluxe Manicure

Hand soak, extoliation, cuticles, nourishing hand mask, heated mittens, file & polish. んへ MINS £5∩



Male Manicure

Nail care, cuticle work and massage 25 MINS €30





File & Polish

€15

Mini Pedicure

Foot soak, cuticle work, file & polish. 25 MINS €35

French File & Polish

€18

Deluxe Pedicure

Foot Soak, cuticle work, leg and foot scrub, nourishing mask, heated booties, file & polish. 60 MINS €60

Shellac Colour

HANDS OR TOES €30 ADD GLITTER DESIGN €0.50 PER NAIL

Shellac French Polish

HANDS OR TOES €35

Removal is free of charge if you get them redone or €10 otherwise.



WAXING

One patch test per year is essential for all waxing, tanning and tinting. Patch test must be done 48 hours prior to treatment.

Book your waxing every 5 weeks and receive 20% off

Full Leg Wax \in	35	Underarm Wax	€1
Full Leg Wax & Bikini Line \in	45	Arm Wax	€2
Half Leg & Bikini Line Wax $$	35	Eyebrow Wax	 € I
Half Leg \in	20	Eyebrow Tweeze	€1
Bikini Wax \in	20	Lip Wax	 € l
Specialised Californian (extended bikini) \in	30	Chin Wax	 € 1
Specialised Brazilian (LANDING STRIP) $\;\;\in\;$.45	Lip & Chin Wax	 € I
Specialised Hollywood (ALL GONE) $\qquad \in \qquad$	50	Lip, Chin & Sides of the Face	 €2

Abdomen Wax	€8
Eyelash Tint	€12
Eyebrow Tint	€10
Eye Combo	€30
HD Brows	€35
 	

MEN'S WAXING	
Full back Wax	
F ull Front (chest & stomac	:H) €35
Chest	

SPA & BEAUTY PACKAGES

THE BRIDGE HOUSE HOTEL







FULL DAY SPA & BEAUTY PACKAGE

Elemis Signature Facial	
Full Body Massage	
Afternoon Tea	
Deluxe Manicure	
Deluxe Pedicure	60 MINS
Use of Leisure Club Faciliti	

HALF DAY SPA PACKAGE FOR HER

Back, Neck & Shoulder Massage
Elemis Taster Facial
Mini Manicure
Mini Pedicure
Use of Leisure Club Facilities
2HD 15MINS € 160

HALF DAY SPA PACKAGE

Full Body Massage
Elemis Taster Facial
Male Manicure
Use of Leisure Club Facilities
2HR 15MINS € 150



SPA & BEAUTY PACKAGES @ THE BRIDGE HOUSE HOTEL

Indulgence Package

Time Escape for Men

Men's Elemis Taster facial & deep tissue full body massage 80 MINS € 1 15

Balancing Relaxation Package

Image ormedic facial and full body massage. 100 MINS \in 135

Pamper Me Package

Full body relaxing massage & Elemis Salt Scrub.

On MINS €. 1 ∩ 5

Total Relaxation

Elemis taster facial, back neck shoulder massage & scalp massage follow by afternoon tea.

Mum to be Package

Indian head massage & Foot and leg massage 80 MINS € 100

The Hen Party Package

Glass of bubbly, relaxing back, neck & shoulder massage one hour use of the sauna, steam room, jacuzzi, outdoor hydro pool and goodie bag for the bride-to-be.

Afternoon tea served in the Library bar.

€85pp

Romantic Day Break for Two

Enjoy a one hour relaxing full body massage for two guests Couples room can be booked subject to availability.

€15C

CUSTOMISE

Spa & Beauty at The Bridge House Hotel can tailor packages to suit your requirements. We take group bookings for hen parties, bridal parties, debs and Christmas parties.

Loyalty Cards

At Spa & Beauty we like to reward our regular clients with a loyalty system. Collect a stamp each visit when you spend €10+. When you collect 10 stamps you will receive €15 spa credit which can be redeemed against treatments or products.

Spa & Beauty @ The Bridge House Hotel Information

Check in: Please arrive at reception 15 min. prior to your appointment, to allow for consultation forms to be completed. Late arrival will result in a shortened treatment time in order to accommodate other clients.

Reservation: All bookings will require a credit card or voucher number upon appointment or package reservation or alternatively a 50% deposit. We also recommend that you book in advance of your arrival to the Spa & Beauty @ The Bridge House Hotel in order to secure your preferred choice of time. If you stay in The Bridge House Hotel with any spa package please let us know when you are making your reservation.

Group Reservation: Groups should contact the spa manager to co ordinate the optimum schedule of treatments.

Cancellation Policy: 24 hours notice is required; otherwise a 100% cancellation fee will be incurred on the given credit card, voucher or the deposit forfeited.

Etiquette: Please respect other guests attending the spa by speaking softly at all times. Mobile phones and electronic devices must be turned off. We recommend that no jewellery be worn in the spa. The management and spa staff accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises. Spa treatments are only available to person's aged 16 years and upwards.

Medical Considerations: Clients with any of the following must present written medical permission before treatments can be performed. These include cancer, cardio vascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions), osteoporosis, nervous / psychotic conditions, epilepsy, any dysfunction of the nervous system (e.g. muscular sclerosis, Parkinson's disease, motor neuron disease) bell's palsy, inflamed nerve and slipped disc.

Pregnant: In the interest of safety, it is advised that pregnant women do not avail of any of the water based treatments. However, facial, Indian head massage, manicures, pedicures can be availed of with no risk. We also have a range of maternity treatments both during and after your pregnancy for you to avail of.

Pool Facilities: As with full day or half day packages at Spa & Beauty @ The Bridge House Hotel, the use of pool, sauna, steam room, Jacuzzi and hydra pool is included on presentation of a valid receipt.

Gift Vouchers: We have an extensive range of gift vouchers available & can include half or full day packages. Vouchers are valid for 6 months from the date of issue. Lost vouchers cannot be reissued.

Payment: We accept cash, all major credit cards, vouchers and room charge. All prices quoted in Euro and are subject to change without prior police

Discounts: There is a 20% discount to all gym members on spa treatments on presentation of a valid membership card. Discounts cannot be used in conjunction with special offers. Available Tuesday to Friday.











