



Leisure Club

Health Fitness Pool Wellness

Child Admission & Pool Admission Policy

Purpose

The safety and wellbeing of all guests is the highest priority at Bridge House Hotel Leisure Club. This policy sets out the conditions of admission and supervision requirements for children and all users of the swimming pool and thermal facilities.

Pool Information

- Main Pool: 17 metres
- Water Depth: 1.3 metres throughout
- Separate Children's Pool
- Jacuzzi (16+ only)
- Sauna (16+ only)
- Steam Room (16+ only)
- Outdoor Hydro Pool (Adult supervision required)

Adult Supervision

- All children under 15 years must be accompanied by a responsible adult aged 18 years or over.
 - Parents and guardians are responsible for supervising children at all times.
 - Lifeguards supervise the overall pool environment but are not responsible for supervising individual children.
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Child Admission Policy

Adult-to-Child Ratios

Children under 4 years

- 1 Adult: 1 Child
- The adult must remain in the water and within arm's reach at all times.

Children aged 4–7 years

- 1 Adult: Maximum 2 Children
- Children must remain under direct supervision in the water.

Children aged 8–15 years

- Must be accompanied by a responsible adult (18+) who remain pool side throughout the visit.
- Weak or non-swimmers should remain under close supervision and wear approved buoyancy aids where appropriate.

Children's Pool

- Intended for younger children and toddlers.
 - Children must always be supervised by an adult.
 - Swim nappies must be worn by children who are not fully toilet trained.
 - Running and rough play are not permitted.
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Main Pool Admission Rules

As the main pool has a constant depth of 1.3 metres, parents should ensure children are confident in water before entering without buoyancy aids.

All swimmers must:

- Shower before entering the pool.
- Hats must be worn at all times
- Wear appropriate swimwear & footwear.
- Read and follow pool rules.
- Follow all instructions from lifeguards.
- Enter and exit pool carefully using steps provided.
- Use approved buoyancy aids if required.

The following are prohibited:

- Running on poolside.
- Diving.
- Bombing or jumping into the pool.
- Rough play or horseplay.
- Pushing others into the water.
- Glass containers.
- Food and chewing gum in the pool hall.
- No inflatables, including balls
- Photography or video recording without management permission.
- No under 16s in Sauna, Steam room or Jacuzzi
- No children unsupervised in Hydro Pool or Garden area



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Sauna, Steam Room, Jacuzzi & Outdoor Hydro Pool

For health and safety reasons:

These facilities are strictly for persons aged 16 years and over only.

This includes:

- Sauna
- Steam Room
- Jacuzzi
- Outdoor Hydro Pool

Children are not permitted to enter these facilities under any circumstances, even when accompanied by an adult.

Users should:

- Shower before use.
- Limit use to approximately 10–15 minutes at a time.
- Stay hydrated.
- Leave immediately if feeling unwell.

These facilities should not be used by anyone under the influence of alcohol or drugs, or by anyone with a medical condition without first seeking medical advice.



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General Admission Conditions

Management reserves the right to:

- Refuse admission.
- Remove anyone behaving in an unsafe or abusive manner.
- Close facilities without notice for maintenance or operational reasons.

Failure to comply with this policy or with lifeguard instructions may result in removal from the leisure club.

Parent/Guardian Responsibility

Parents and guardians are responsible for:

- Maintaining active supervision of children at all times.
- Ensuring children follow pool rules.
- Assessing the swimming ability of the children in their care.
- Remaining within the leisure club while children are using the facilities.

Lifeguard Responsibility

Lifeguards are responsible for:

- Monitoring pool safety.
- Responding to emergencies.
- Enforcing facility rules.

Lifeguards do not replace parental supervision.

This policy is designed in accordance with recognised Irish swimming pool safety guidance and should be read alongside the Bridge House Hotel Leisure Club's Normal Operating Procedures (NOP), Emergency Action Plan (EAP), and Child Safeguarding Policy