



Leisure Club

Health Fitness Pool Wellness

Swimming Pool & Thermal Area Rules

- Members/Residents/Guests must shower before entering the pool.
- Appropriate swimwear must be worn.
- No outdoor footwear on pool deck
- Non -Slip pool footwear is advised
- Swim hats must be worn
- Enter and exit pool carefully using steps provided.
- Children must always be accompanied in all areas including Hydro pool & garden
- Use approved buoyancy aids if required
- Running, diving, rough play and dangerous behaviour are prohibited
- No inflatables including balls
- The sauna, steam room, jacuzzi are strictly for persons aged 16 years and over
- No under 18s after 7pm
- Members should not use thermal facilities if under the influence of alcohol, drugs or medication that may impair judgement
- No food on pool deck or garden
- Water or juice drinks in plastic bottles only
- No Phones
- No Photography or video recording without management permission.
- Child admission policy applies
- Bather load 30
- Lifeguards and staff instructions must always be obeyed