



SPA & BEAUTY  
@ THE BRIDGE HOUSE HOTEL

BRIDGE HOUSE HOTEL | TULLAMORE



Welcome to our very own tranquil haven, Spa & Beauty located in the 4 Star Bridge House Hotel, Tullamore, Co Offaly less than 90 minutes from Dublin, Limerick & Galway.

For ultimate relaxation, body and soul rejuvenation let your senses guide you to Spa & Beauty at the Bridge House Hotel where our qualified therapists will indulge you in a wide range of spa and beauty treatments.

Experience our calming aromatic candles, soothing music & allow life's stresses and strains melt away...

The Bridge House Spa & Beauty prides itself on quality in luxurious surroundings with exceptional attention to detail. Using only the finest products including Elemis Skincare, Image Skincare, Inglot make-up, Lycon Wax and much more.



## ELEMIS SKINCARE

Elemis skincare was born out of the vision to bring together the power of nature, science and aromatics. It harnesses the dynamism of the highest grade actives to create a skincare brand that would transform the frontline of the beauty industry.

# ELEMIS PRO GLOW FACIAL MENU

## Pro-Glow Taster Facial

Instant pick-me up.  
25 MINUTES €50

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## Pro-Glow Renewal Facial

For a healthy, gorgeous glow.  
50 MINUTES €90

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## Pro-Glow Smooth

The ultimate hit workout for your skin.  
50 MINUTES €90

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## Pro-Glow Resurface

Reveal stunningly smooth skin.  
50 MINUTES €90

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## Pro-Glow Brilliance

Your recipe for radiance.  
50 MINUTES €90

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## Pro-Glow Genius Facial

Your line-fighting superhero facial.  
75 MINUTES €100

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# IMAGE SKINCARE FACIALS & PEEL TREATMENTS

## Image Taster Facial

Glow on the go. 25 MINS €50

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## Image Antioxidant Anti Aging Facial

This rejuvenating treatment lightens, brightens and tightens the skin while soothing botanicals reduce redness and add vital hydration. 50 MINS €85

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## Image Illuminating Facial

Ideal as a quick fix pre-event facial or as an incentive to commence the skin health journey. 50 MINS €85

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## Image The Max Stem Cell Facial

A must-have pre-event hybrid facial adored by brides worldwide. 50 MINS €90

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## Image Clarifying Facial

An ideal teen facial or mild preventative acne-formation treatment. 50 MINS €85

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## Image Ormedic Balancing Facial

Ideal for sensitive, unbalanced skin. 50 MINS €80

## Image O<sup>2</sup> Lift

Delivers an instant, visible boost to invigorate the skin and give it a gorgeous glow. 50 MINS €80

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## I PEEL | ORMEDIC LIFT™

Skin type indications: Unbalanced, irritated, sensitive. 30 MINS €90

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## I PEEL | SIGNATURE FACELIFT

Skin type indications: Redness-prone, dry/dehydrated, smoker's skin, tired/ dull, post-microdermabrasion, oily/acne. 30 MINS €90

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## I PEEL | WRINKLE LIFT

Skin type indications: Aging, wrinkles, rough complexion, uneven skin tone, smokers' skin, tired/dull skin, oily/acne. 30 MINS €90

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## I PEEL | LIGHTENING LIFT

Skin type indications: Advanced pigmentation, aging, dry/dehydrated, uneven skin tone, age spots, redness-prone. 30 MINS €90

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## I PEEL | ACNE LIFT

Skin type indications: Acne, oily, acne-prone, aging. 30 MINS €90





# MASSAGES

## IDEAL FOR BOTH MEN & WOMEN

Massages are a perfect way to soothe the mind and body, relieve muscular tension & stress. Choose from our extensive range of massages to suit your individual needs.

### Relaxing Massage

BACK NECK & SHOULDERS 25 MINS €50

FULL BODY 55 MINS €80

### Freestyle Deep Tissue Massage

BACK NECK & SHOULDERS 25 MINS €55

FULL BODY 55 MINS €85

### Deeper Than Deep Hot Stone Massage

BACK NECK & SHOULDERS 25 MINS €65

FULL BODY 55 MINS €90

### Peaceful Pregnancy Massage

55 MINS €80

### Scalp Massage

25 MINS €40

### Indian Head Massage

45 MINS €60

### Foot & Leg Massage

25 MINS €40



# ELEMIS BODY TREATMENTS

## Elemis Intensely Cleansing Salt Scrub

Lime and Ginger or Frangipani Fragranced salt will gently slough away dead skin cells encouraging the regeneration of new cells. It leaves a smooth and responsive canvas ready to absorb the deeply nourishing body oil.

30 MINUTES €55

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## Elemis Frangipani Body Nectar Nourishing Wrap

The velvety texture of the Monoï oil offers super hydration quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

60 MINUTES €75

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## Elemis Thousand Flower Detox Wrap

This cleansing detox treatment helps to boost energy levels, regenerate tired skin by removing toxins, stimulate the process of toxin elimination and smooth the skin surface.

55 MINUTES €80

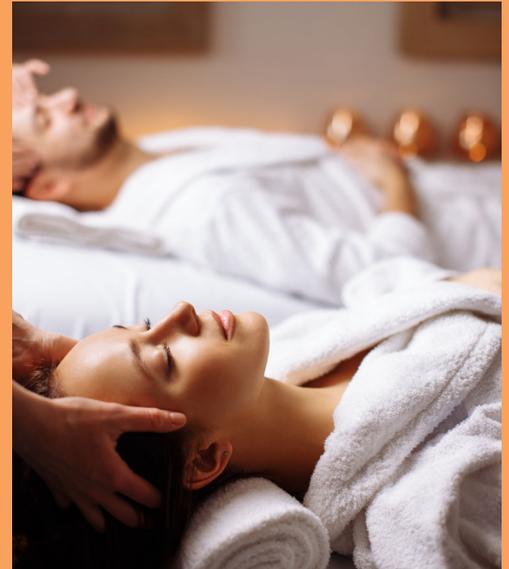
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## MINIMI INCH LOSS WRAP

This highly effective fat reduction treatment will give you instant inch loss and will continue to work on targeting fat for up to 72 hours post treatment.

50 MINUTES €75

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# BEAUTY OPTIONS

**Make-up**  
€35

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**Make-up & Strip Lashes Application**  
€40

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**Bridal Make-up**  
€50

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**Spray Tan**  
FULL BODY €30 HALF BODY €20

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**False Lashes**  
STRIP LASH €15

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**Individual False Lashes**  
FULL SET €20 HALF SET €15

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## HAND

**File & Polish**  
€20

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**Mini Manicure**  
Hand soak, cuticle work, file & polish.  
25 MINS €35

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**French File & Polish**  
€22

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**Deluxe Manicure**  
Hand soak, exfoliation, cuticles, nourishing hand mask, heated mittens, file & polish.  
60 MINS €50

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**Male Manicure**  
Nail care, cuticle work and massage.  
25 MINS €30

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## FEET

**File & Polish**  
€15

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**Mini Pedicure**  
Foot soak, cuticle work, file & polish.  
25 MINS €35

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**French File & Polish**  
€18

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**Deluxe Pedicure**  
Foot Soak, cuticle work, leg and foot scrub, nourishing mask, heated booties, file & polish.  
60 MINS €60

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**Shellac Colour**  
HANDS OR TOES €30  
ADD GLITTER DESIGN €0.50 PER NAIL

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**Shellac French Polish**  
HANDS OR TOES €35  
Removal is free of charge if you get them redone or €10 otherwise.

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# WAXING

One patch test per year is essential for all waxing, tanning and tinting. Patch test must be done 48 hours prior to treatment.

**Book your waxing every 5 weeks and receive 20% off**

Full Leg Wax	€35	Underarm Wax	€15
Full Leg Wax & Bikini Line	€45	Arm Wax	€20
Half Leg & Bikini Line Wax	€35	Eyebrow Wax	€10
Half Leg	€20	Eyebrow Tweeze	€10
Bikini Wax	€20	Lip Wax	€10
Specialised Californian (EXTENDED BIKINI)	€30	Chin Wax	€10
Specialised Brazilian (LANDING STRIP)	€45	Lip & Chin Wax	€15
Specialised Hollywood (ALL GONE)	€50	Lip, Chin & Sides of the Face	€20

Abdomen Wax	€8
Eyeshash Tint	€12
Eyebrow Tint	€10
Eye Combo	€30
HD Brows	€35

## MEN'S WAXING



Full back Wax	€35
Full Front (CHEST & STOMACH)	€35
Chest	€20

# SPA & BEAUTY PACKAGES

@ THE BRIDGE HOUSE HOTEL



## FULL DAY SPA & BEAUTY PACKAGE

Elemis Signature Facial	55 MINS
Full Body Massage	55 MINS
Afternoon Tea	
Deluxe Manicure	55 MINS
Deluxe Pedicure	60 MINS
Use of Leisure Club Facilities	
€270	

## HALF DAY SPA PACKAGE FOR HER

Back, Neck & Shoulder Massage
Elemis Taster Facial
Mini Manicure
Mini Pedicure
Use of Leisure Club Facilities
2HR 15MINS €160

## HALF DAY SPA PACKAGE FOR HIM

Full Body Massage
Elemis Taster Facial
Male Manicure
Use of Leisure Club Facilities
2HR 15MINS €150



## SPA & BEAUTY PACKAGES @ THE BRIDGE HOUSE HOTEL

### Indulgence Package

Image signature facial and scalp massage.

70 MINS €95

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### Time Escape for Men

Men's Elemis Taster facial & deep tissue full body massage .

80 MINS €115 

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### Balancing Relaxation Package

Image ormedic facial and full body massage.

100 MINS €135

### Pamper Me Package

Full body relaxing massage & Elemis Salt Scrub.

90 MINS €105

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### Total Relaxation

Elemis taster facial, back neck shoulder massage & scalp massage  
follow by afternoon tea.

55 MINS €95pp

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### Mum to be Package

Indian head massage & Foot and leg massage.

80 MINS €100

### The Hen Party Package

Glass of bubbly, relaxing back, neck & shoulder massage,  
one hour use of the sauna, steam room, jacuzzi, outdoor  
hydro pool and goodie bag for the bride-to-be.

Afternoon tea served in the Library bar.

€80pp

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### Romantic Day Break for Two

Enjoy a one hour relaxing full body massage for two  
guests and use of our relaxation chambers. Couples  
room can be booked subject to availability.

€150

# CUSTOMISE

Spa & Beauty at The Bridge House Hotel can tailor packages to suit your requirements. We take group bookings for hen parties, bridal parties, debs and Christmas parties.

## Loyalty Cards

At Spa & Beauty we like to reward our regular clients with a loyalty system. Collect a stamp each visit when you spend €10+. When you collect 10 stamps you will receive €15 spa credit which can be redeemed against treatments or products.

## Spa & Beauty @ The Bridge House Hotel Information

Check in: Please arrive at reception 15 min. prior to your appointment, to allow for consultation forms to be completed. Late arrival will result in a shortened treatment time in order to accommodate other clients.

**Reservation:** All bookings will require a credit card or voucher number upon appointment or package reservation or alternatively a 50% deposit. We also recommend that you book in advance of your arrival to the Spa & Beauty @ The Bridge House Hotel in order to secure your preferred choice of time. If you stay in The Bridge House Hotel with any spa package please let us know when you are making your reservation.

**Group Reservation:** Groups should contact the spa manager to co ordinate the optimum schedule of treatments.

**Cancellation Policy:** 24 hours notice is required; otherwise a 50% cancellation fee will be incurred on the given credit card, voucher or the deposit forfeited.

**Etiquette:** Please respect other guests attending the spa by speaking softly at all times. Mobile phones and electronic devices must be turned off. We recommend that no jewellery be worn in the spa. The management and spa staff accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises. Spa treatments are only available to person's aged 16 years and upwards.

**Medical Considerations:** Clients with any of the following must present written medical permission before treatments can be performed. These include cancer, cardio vascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions), osteoporosis, nervous / psychotic conditions, epilepsy, any dysfunction of the nervous system (e.g. muscular sclerosis, Parkinson's disease, motor neuron disease) bell's palsy, inflamed nerve and slipped disc.

**Pregnant:** In the interest of safety, it is advised that pregnant women do not avail of any of the water based treatments. However, facial, Indian head massage, manicures, pedicures can be availed of with no risk. We also have a range of maternity treatments both during and after your pregnancy for you to avail of.

**Pool Facilities:** As with full day or half day packages at Spa & Beauty @ The Bridge House Hotel, the use of pool, sauna, steam room, Jacuzzi and hydra pool is included on presentation of a valid receipt.

**Gift Vouchers:** We have an extensive range of gift vouchers available & can include half or full day packages. Vouchers are valid for 6 months from the date of issue. Lost vouchers cannot be reissued.

**Payment:** We accept cash, all major credit cards, vouchers and room charge. All prices quoted in Euro and are subject to change without prior notice.

**Discounts:** There is a 20% discount to all gym members on spa treatments on presentation of a valid membership card. Discounts cannot be used in conjunction with special offers. Available Tuesday to Friday.



## OPENING HOURS

<b>Mondays</b>	Closed
<b>Tuesday</b>	9.30am to 6pm
<b>Wednesday</b>	9.30am to 6pm
<b>Thursday</b>	9.30am to 8pm
<b>Friday</b>	9.30am to 6pm
<b>Saturday</b>	9.30am to 6pm
<b>Sunday</b>	Appointments by request <small>Minimum amount of 6 bookings required</small>

## CONTACT

Spa & Beauty @ The Bridge House Hotel  
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[www.bridgehousehotelullamore.ie](http://www.bridgehousehotelullamore.ie)

